

Crisis Plan Card

To mental health care providers, consumers, and advocates:

In an emergency situation, it is incredibly valuable to have key information immediately available. The purpose of the **Crisis Plan Card** is to serve consumers and providers by increasing safety through quick access to vital information.

The **Crisis Plan Card** is unique from other such cards because it also allows for the legally valid appointment of a health care agent. Although individuals do not have to use that portion of the card, people can use it to state who can make decisions for them when they cannot.

Advance Directives are powerful advance care planning tools that can be used to address medical, mental health, and end-of-life care. The Commonwealth is committed to implementing Advance Directives into routine care because research shows the value of Advance Directives for both consumers and providers.

Making Advance Directives immediately available in crisis situations can be difficult, however, because most people do not keep a full copy with them at all times. Therefore, our workgroup created this **Crisis Plan Card** and encourages you and your agency to use it.

The **Crisis Plan Card** can also be found at www.virginiaadvancedirectives.org; vacitcoalition.org; namivirginia.org; and www.vocalvirginia.org.

Our workgroup encourages you to use this card and to help consumers use this card.

Sincerely,

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