

# Pocket Pal

Services for the Homeless • Virginia Beach, VA

## Information

<b>Police Dispatch</b> .....	385-5000
<b>Department of Human Services</b>	
3432 Virginia Beach Blvd.....	437-3200
Child Protection Services.....	800-552-7096
Adult Protection Services.....	888-832-3858
<b>Advocacy for Homeless School Children</b> .....	263-2300
<b>Department of Housing and Neighborhood</b>	
<b>Preservation</b> (includes Section 8).....	385-5750
<b>Department of Rehabilitative Services</b> .....	683-8440
<b>Legal Aid</b> .....	552-0026
<b>Social Security Administration</b>	
2875 Sabre St. (Lynnhaven).....	498-8726
Toll-free.....	800-772-1213
<b>Immigration Office</b> .....	800-375-5283
<b>United Way Hotline</b> .....	853-8500

## Emergency Shelter

<b>Volunteers of America/ The Lighthouse Center</b>	
825 18th Street, Virginia Beach, VA 23451	
Office line.....	437-4911
Lobby line.....	437-4872
Drop-in Center/Day Support Services	
Monday through Friday 8:00 am- 6:00 pm	
Winter Shelter	
Emergency shelter for adult men and women (Winter months only)	
<b>Judeo-Christian Outreach Center</b>	
1053 Virginia Beach Blvd.....	491-2846
Emergency housing for men, women, and families	
<b>FORKIDS Inc.- Haven Housing</b>	
131 D View Ave, Norfolk.....	587-4202
Emergency Housing for families with children	
<b>Union Mission (Norfolk)</b>	
Men's Shelter.....	627-8686
Women's Shelter.....	623-0642
<b>Salvation Army</b>	
203 W. 19th St. Norfolk.....	622-3471
<b>VBCDC (Virginia Beach)</b> .....	463-9516
Emergency and transitional housing	
<b>Samaritan House</b> .....	631-0710
Emergency and transitional housing for victims of violence and homeless families	

## Meals

<b>Potter's House (Lunch)</b>	
Pacific and 18th St, (behind the Domino's Pizza)	
Tuesday and Thursday	9:30am-12:00pm
<b>Star of the Sea (Lunch)</b>	
Corner of 15th St and Pacific Avenue	9:30am- 12:00pm
<b>Judeo-Christian Outreach Center (Hot Meals)</b>	
1053 Virginia Beach Blvd	
Monday through Friday	6:00pm
Saturday, Sunday, and Holidays	3:00pm

## Health Services

<b>Beach Health Clinic (call for Appointment)</b>	
3396 Holland Rd.....	428-5601
<b>Virginia Beach Health Department</b>	
4452 Corporation Lane.....	518-2700
<b>TACT (HIV/AIDS Services)</b>	
9229 Granby St, Norfolk.....	583-1317

## Temporary Employment (Daily Pay - ID Required)

<b>Allied Forces Temp</b>	
6056 Virginia Beach Blvd.....	466-7889
<b>Labor Ready</b>	
1018 Clarence St., Norfolk.....	461-7733

## Employment Services

<b>Virginia Employment Commission</b> .....	455-3900
5145 Virginia Beach Blvd, Norfolk, VA.....	455-3960
<b>OPP, Inc.</b>	
861 Glen Rock Rd., Ste. 223 (Norfolk).....	461-7537
<b>Step Up, Inc. (Life skills and employment assistance for ex-offenders)</b>	
7510 Granby St., Norfolk.....	588-3151

## Mental Health Services

<b>National Counseling Group</b> .....	467-8184
<b>Va. Beach Department of Human Services</b>	
Emergency Services (For emergencies).....	385-0888
Pembroke 3 (Information and Intake).....	385-0511
Magic Hollow (Case Management).....	385-8222
PATH Outreach.....	636-3160
Project Link.....	385-0810
<b>Suicide Crisis Center</b> .....	622-1126
<b>Suicide Crisis Hotline</b> .....	627-5433
<b>Virginia Beach Psychiatric Hospital</b> .....	496-6000
<b>Nat'l Suicide Hotline</b> .....	1-800-273-TALK

## Substance Abuse Help

<b>Va. Beach Department of Human Services</b>	
Recovery Center/Detox.....	385-6950
Pembroke 6.....	385-0600
<b>Salvation Army Alcohol Rehabilitation Center</b> .....	499-0032

## Veteran Services

<b>Veteran Affairs Medical Center</b> .....	722-9961
<b>VASH (Housing service for Homeless Veterans)</b>	
<b>Vets House (Transitional House for Veterans)</b>	
425 Oaksmear Crescent.....	724-8614
<b>Veterans' Outreach</b> .....	623-7584

## Domestic Violence

<b>Samaritan House/ Safe Harbor (office)</b> .....	631-0710
<b>Samaritan House Crisis Line</b> .....	430-2120
<b>YMCA- Women in Crisis (Norfolk)</b> .....	625-5570
<b>HER Shelter (Portsmouth)</b> .....	485-1445
<b>HER Shelter Crisis Hotline</b> .....	485-3384

## Runaway/Youth Services

<b>Seton Youth Shelter</b> .....	498-4357
(Emergency shelter for Youth & Safe Place)	
<b>National Runaway Switchboard</b> .....	800-621-4000
<b>Stand Up for Kids</b> .....	567-9888

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